

# seniors menu

**Kangaroo  
Flat** *Sports Club*

All \$15.40

## **LAMBS FRY (GF)**

Grilled Lambs Fry & Bacon topped with gravy served with creamy mash & vegetables

## **CRUMBED FLATHEAD**

Two crumbed and lightly fried flat head fillets with lemon & tartare served with your choice of chips & salad or vegetables

## **SWEET & SOUR CHICKEN (GFO)**

House battered chicken pieces served with stir-fry vegetables, steamed rice topped with sweet & sour sauce

## **ROAST LAMB (GF)**

Roasted lamb shoulder with gravy, mint jelly served with roast potato, pumpkin & vegetables

## **CHICKEN SCHNITZEL (GFO)**

Crumbed & fried chicken breast schnitzel topped with gravy & served with your choice of chips & salad or vegetables

## **CHICKEN PARMA (GFO)**

Crumbed & fried chicken breast schnitzel topped with Napoli, smoked ham & cheese, served with your choice of chips & salad or vegetables

## **FETTUCCHINE CARBONARA**

Sauteed onion, mushroom, bacon & garlic served in a cream sauce tossed through fettuccine and topped with shaved parmesan cheese